

Sheila H. Turybury*

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Sheila Turybury is a dynamic and visionary human resources executive with more than 30 years of experience designing and implementing better ways of working and caring for people.

As Baker Donelson's chief people officer, Sheila Turybury brings a deep commitment to fostering inclusive, high-performing workplace cultures that align with organizational values and drive sustainable growth. She is passionate about empowering individuals and teams to thrive.

Known for her collaborative leadership style and strategic mindset, Sheila oversees the Firm's people-driven functions, including human resources, local office administration, talent development, and associate attorney engagement, to ensure the seamless integration of these areas to enhance employee experience, organizational performance, and client satisfaction. She serves as a trusted advisor to the Firm's leaders and a catalyst for positive change.

Throughout her career, Sheila has held senior leadership roles in professional services, real estate investment services, and charitable organizations. A board-certified health and wellness coach and a certified workplace mindfulness facilitator, Ms. Turybury earned her Master of Science degree in human resources development from Towson University. She also holds certifications as a Senior Professional in Human Resources from both the Society for Human Resources Management and HR Certification Institute (HRCI), as well as a Global Professional in Human Resources from HRCI.

Professional Honors & Activities

- Certification Senior Professional in Human Resources (SPHR-SCP), Society for Human Resources Management
- Certification Senior Professional in Human Resources (SPHR), HRCI
- Certification Global Professional in Human Resources (GPHR), HRCI
- National Board-Certified Health and Wellness Coach National Board of Medical Examiners and National Board for Health and Wellness Coaching
- Integrative Nutrition Health Coach Institute for Integrative Nutrition
- ACE Certified Personal Trainer American Council on Exercise
- Certified Workplace Mindfulness Facilitator Mindful Leader

😌 Education

- Towson University, M.S.
- Notre Dame of Maryland University, B.A.

* Baker Donelson professional not admitted to the practice of law.