



Myles H. Sonnier

Associate

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Myles Sonnier is an associate in the Firm's New Orleans office and focuses his practice on complex litigation matters.

Myles focuses his practice on complex litigation matters in both state and federal courts throughout Louisiana. He handles a wide range of matters involving insurance and indemnification disputes, property damages, and personal injuries, and he brings significant experience in strategic pre-trial and trial advocacy – successfully securing numerous dismissals for his clients. In addition, Myles has an extensive background in proactively advising captive insurance companies on how to structure their claims processes and effectively manage their risks.

In addition to his trial experience, Myles' appellate work includes favorable outcomes before the Louisiana Supreme Court and the U.S. Court of Appeals for the Fifth Circuit. He serves as a trusted advisor for clients across several industries, including maritime, construction, and energy.

During law school, Myles served as an extern for Judge J. Michael McDonald in the Louisiana Court of Appeal, First Circuit.



Professional Honors & Activities

- Member – Louisiana State Bar Association
- Member – Lafayette Bar Association
 - Young Lawyers Division Top 40 Award (2025)
- Member – Louisiana Association of Defense Counsel
 - Finalist – Frank L. Maraist Award (2023)
- Listed in *Best Lawyers: Ones to Watch®* in America for Construction Law, Insurance Law, Transportation Law, Litigation – Construction, and Product Liability Litigation – Defendants (2026)



Education

- Louisiana State University Paul M. Hebert Law Center, J.D./D.C.L., May 2020
- Louisiana State University, B.A., Political Science and Government, May 2017



Admissions

- Louisiana, 2020
- U.S. District Court for the Eastern District of Louisiana
- U.S. District Court for the Middle District of Louisiana
- U.S. District Court for the Western District of Louisiana